

## Guidance for COVID-19 Contacts at Sunset Public School

### High-Risk Contacts:

Individuals in Early Learning, Kindergarten JK/SK Immersion cohort, and on bus #164:

- Required to self-isolate
- Will be contacted by public health
- Recommended to be tested for COVID-19
- Parents and siblings of high-risk contacts are to:
  - Maintain separation from the high-risk contact as much as possible. Parents and siblings do not need to self-isolate. Siblings can continue to attend in-person learning if they attend a different school
  - Follow the provincial Stay at Home Order and only leave the house for essential reasons
  - Follow the usual precautions, including monitoring for symptoms. If anyone develops symptoms, they are to immediately self-isolate and arrange to be tested

### Low-Risk Contacts:

Individuals at Sunset Park Public School but not in the Early Learning, Kindergarten JK/SK Immersion cohort or on bus #164:

- Not required to self-isolate
- Follow the usual precautions, including monitoring for symptoms. If symptoms develop, immediately self-isolate and arrange to be tested.
- Follow the provincial Stay at Home Order and only leave the house for essential reasons
- Parents and siblings of low-risk contacts:
  - Not required to self-isolate. Siblings can continue with in-person learning if they attend a different school.
  - Follow the provincial Stay at Home Order and only leave the house for essential reasons
  - Follow the usual precautions, including monitoring for symptoms. If anyone develops symptoms, they are to immediately self-isolate and arrange to be tested

### What does self-isolation mean?

Self-isolation means you must stay home and away from others. You do not go to work, school or child care, or other public places. You need to avoid contact with others, including those within your household. You may be in self-isolation with family, if care is required for the person self-isolating.

Parents and siblings do not need to isolate if they are able to maintain separation from the high-risk contact. Ways to maintain this separation/isolation from other household members are to have both the high risk contact and family members who are in the same room wear a face covering, physical distancing as much as possible, frequent hand hygiene by the high risk contact and the household members, and cleaning/disinfection of high touch surfaces well and often.