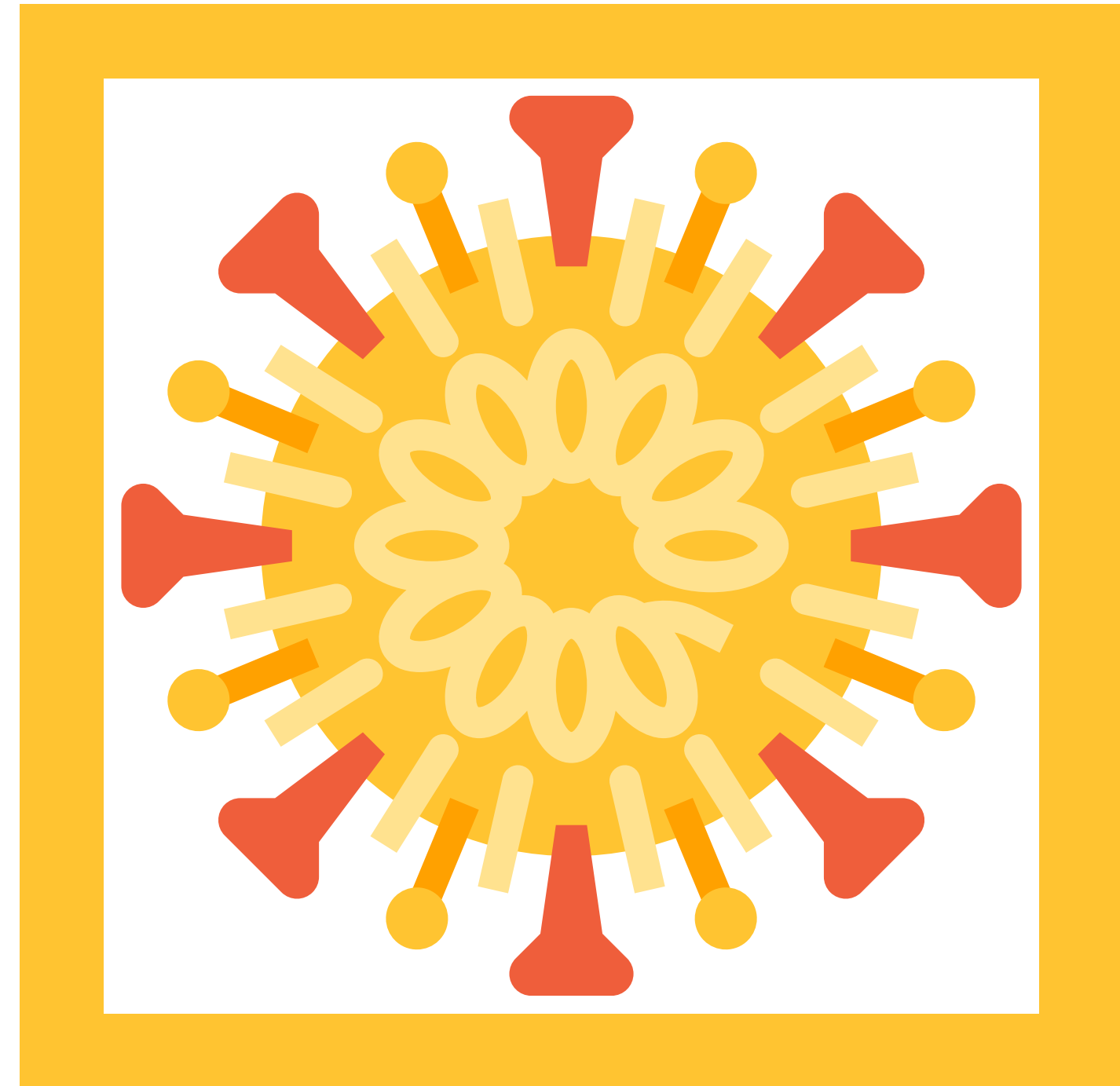


What is COVID-19?

Social Story

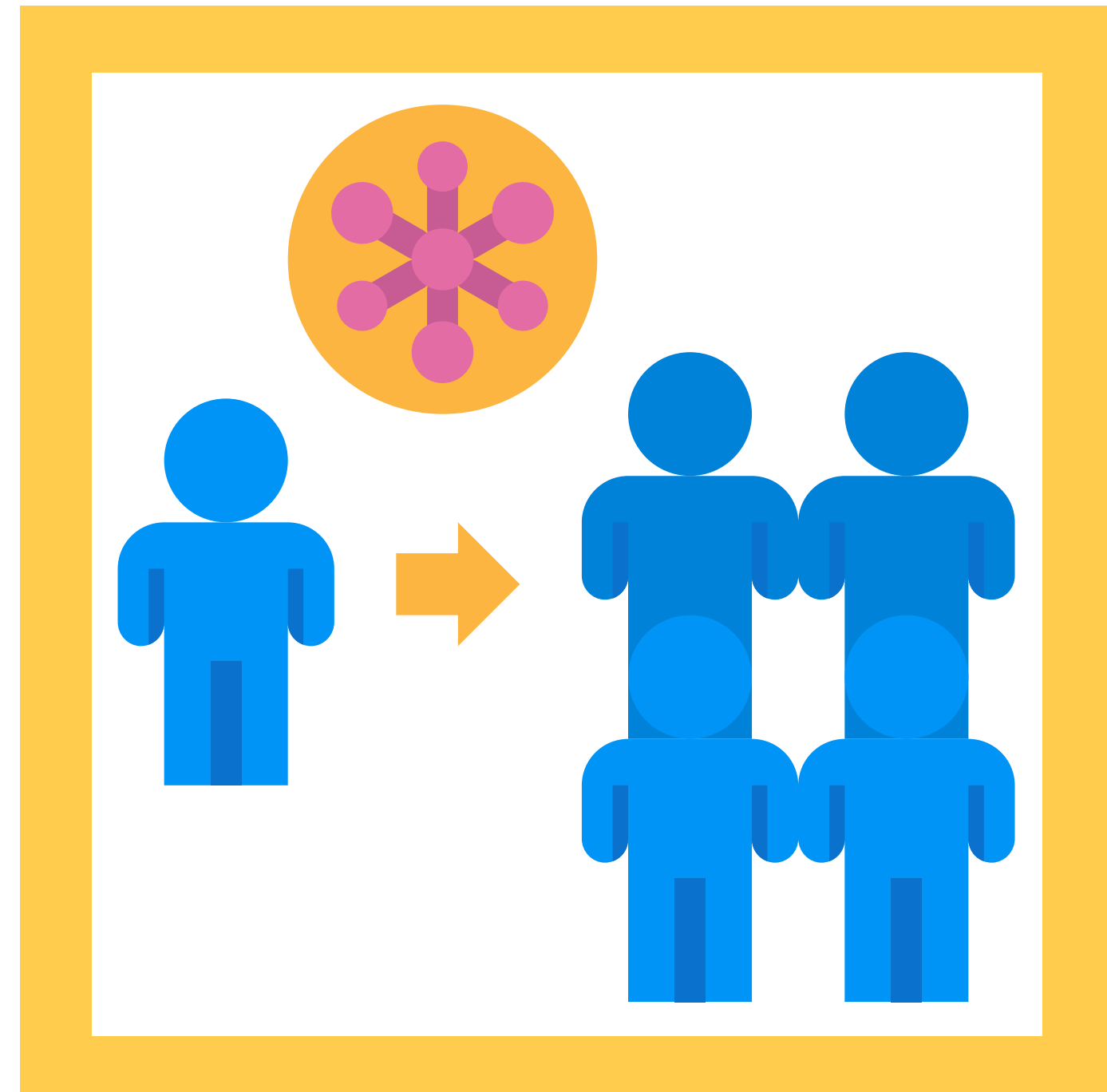
COVID-19 is the short name for Coronavirus Disease 2019.

It is a new virus and disease.



COVID-19 is an infectious disease.

That means it is contagious and spreads easily from person to person.



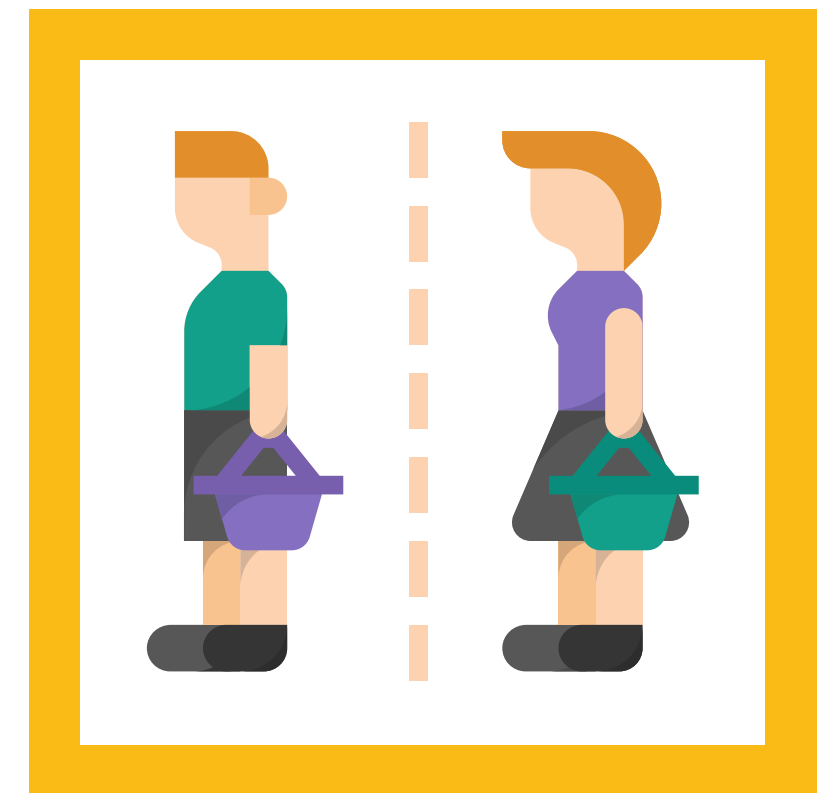
**Because
COVID-19 is
new and
infectious
it has
caused a
pandemic.**



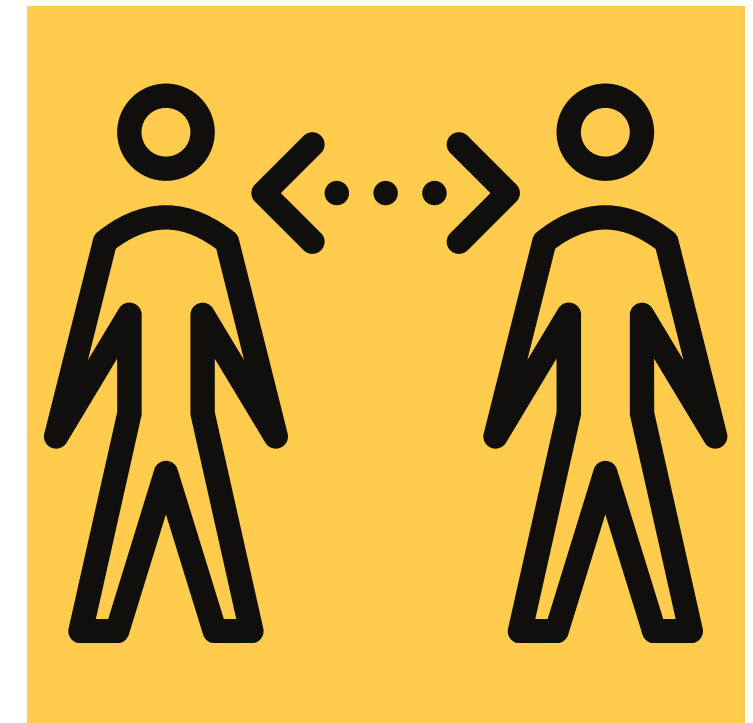
**It is affecting
people in
countries all
around the
world.**

To help slow the spread of COVID-19 in our communities, many stores, restaurants, parks and schools closed.

They are starting to reopen with new rules to keep people safe.

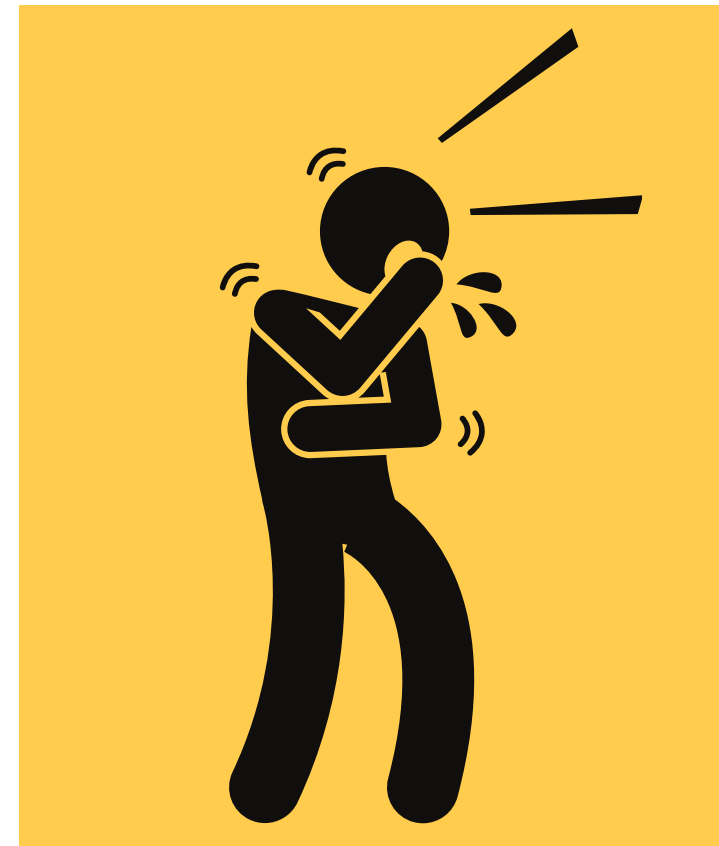
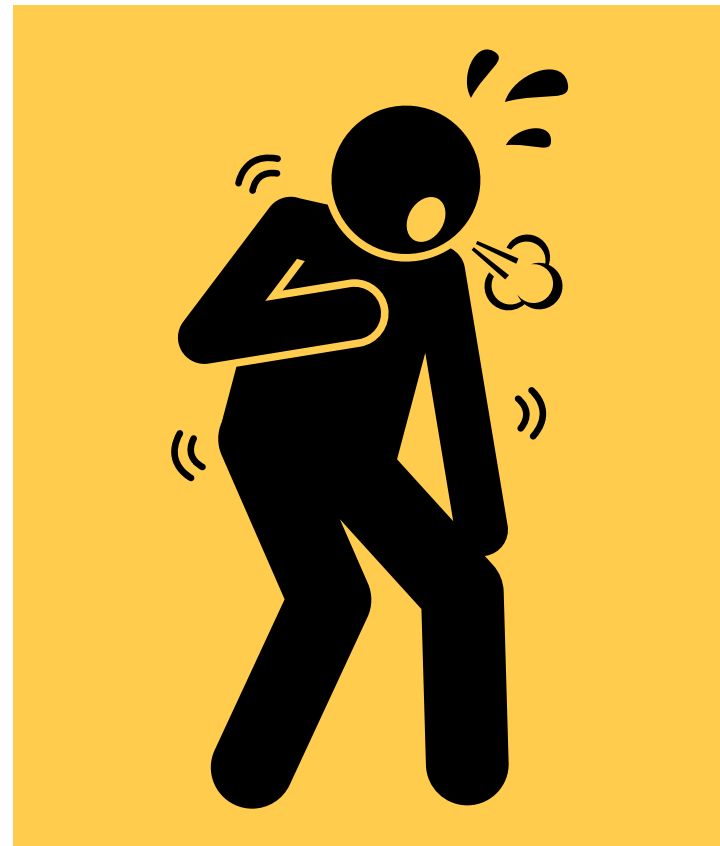


To help slow the spread of COVID-19, I can...



wash my hands, avoid touching my face, cough and sneeze into my elbow and practice physical distancing.

People with COVID-19 may...



have a fever, chills, shortness of breath, lost sense of taste or smell, congestion, muscle aches and be really tired.



**It is important to
remember that
NOT everyone
that is sick has
COVID-19.**

If I feel sick, I need to tell a parent, guardian or trusted adult. They will help me.



If I feel sick, I need to stay at home so I don't get others sick.



Sources

World Health Organization

https://www.who.int/emergencies/diseases/novel-coronavirus-2019?gclid=EAIaIQobChMI0_nyqaDf6gIVAr7ACh0wrgKBEAAYASAAEgLPk_D_BWE

Government of Ontario

<https://covid-19.ontario.ca>

Centers for Disease Control and Prevention

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

North Bay Parry Sound District Health Unit

<https://www.myhealthunit.ca/en/health-topics/about-covid-19.asp>

