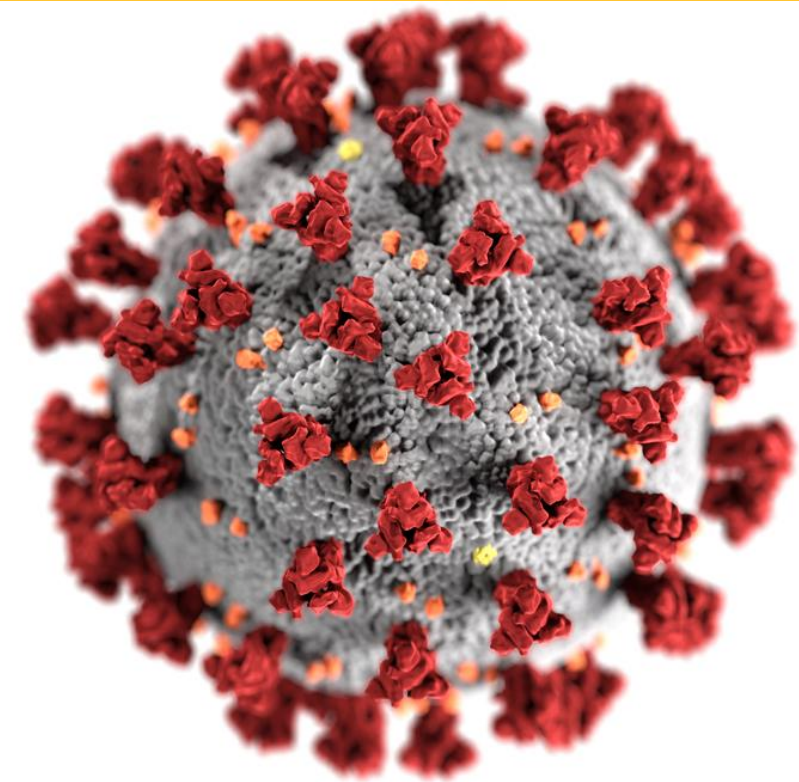


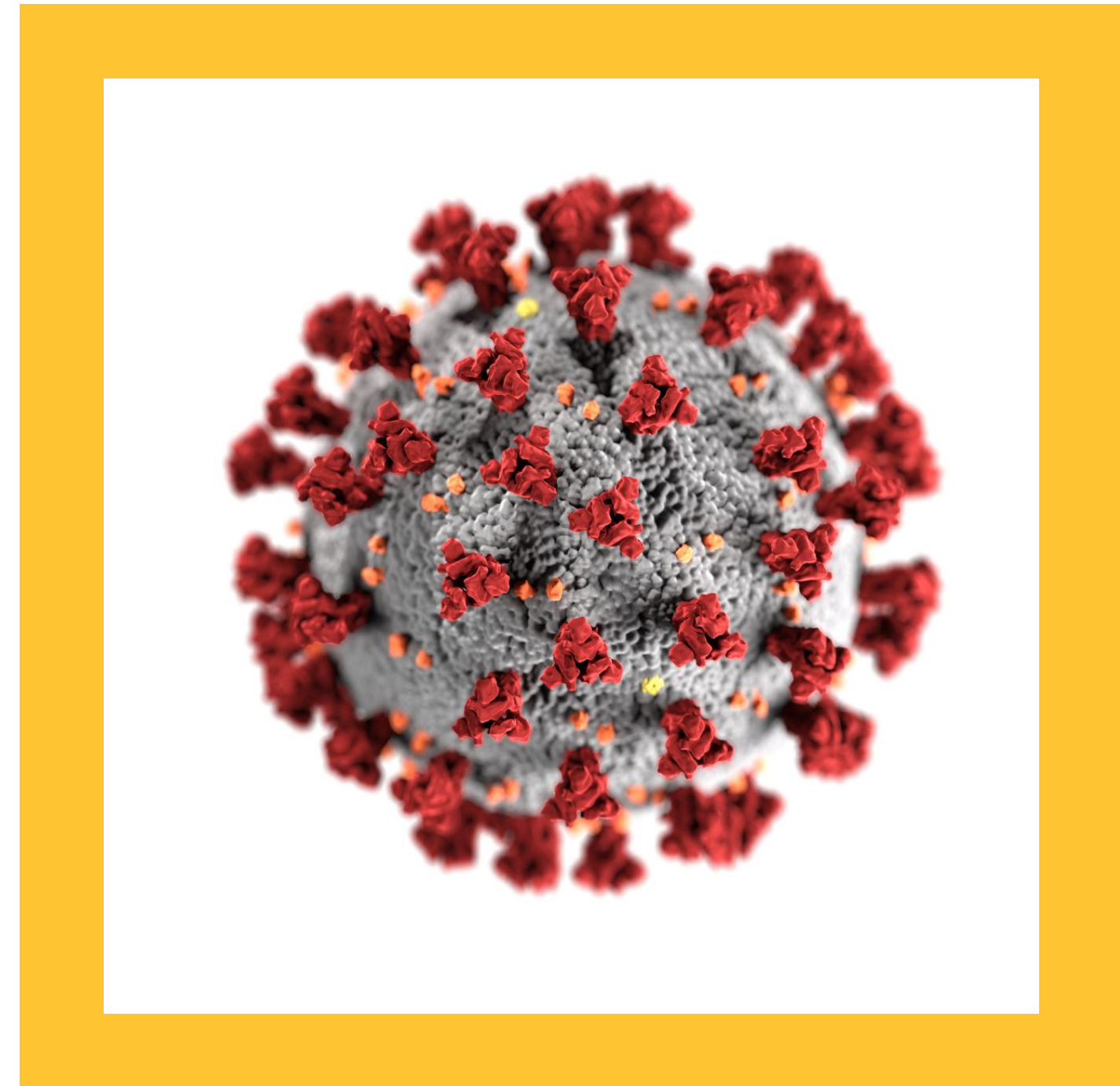
# What is COVID-19?

Social Story



**COVID-19 is the short name for Coronavirus Disease 2019.**

**It is a new virus and disease.**



**COVID-19 is an infectious disease.**

**That means it is contagious and spreads easily from person to person.**



**Because  
COVID-19 is  
new and  
infectious  
it has  
caused a  
pandemic.**



**It is affecting  
people in  
countries all  
around the  
world.**

To help slow the spread of COVID-19 in our communities, many stores, restaurants, parks and schools closed.

They are starting to reopen with new rules to keep people safe.

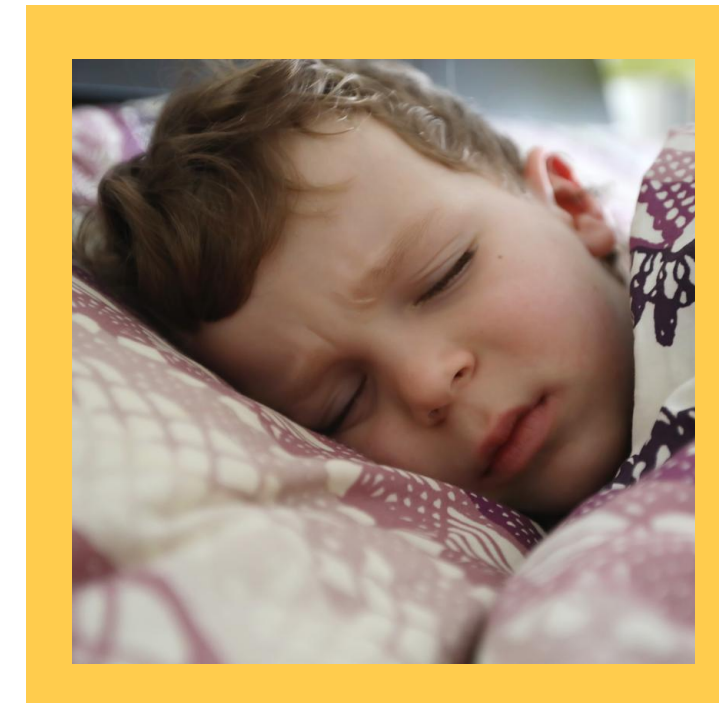
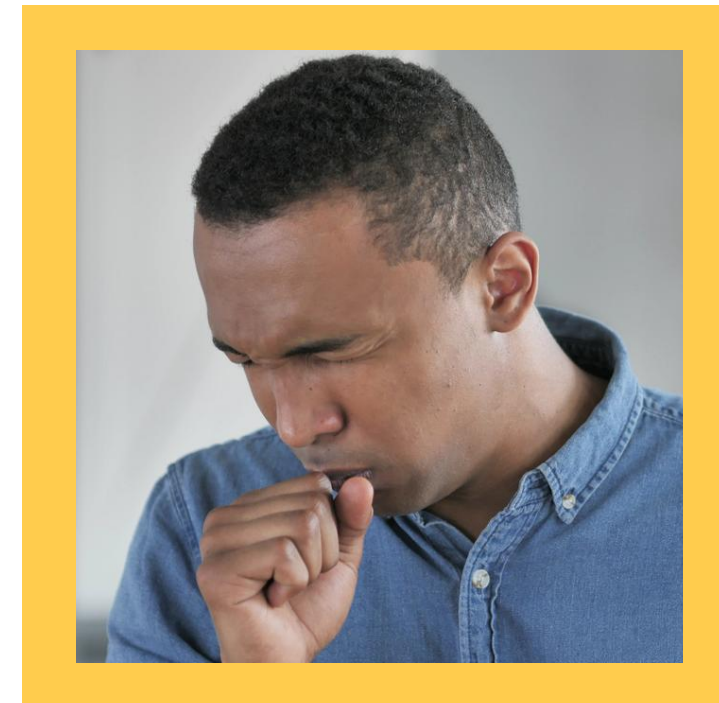
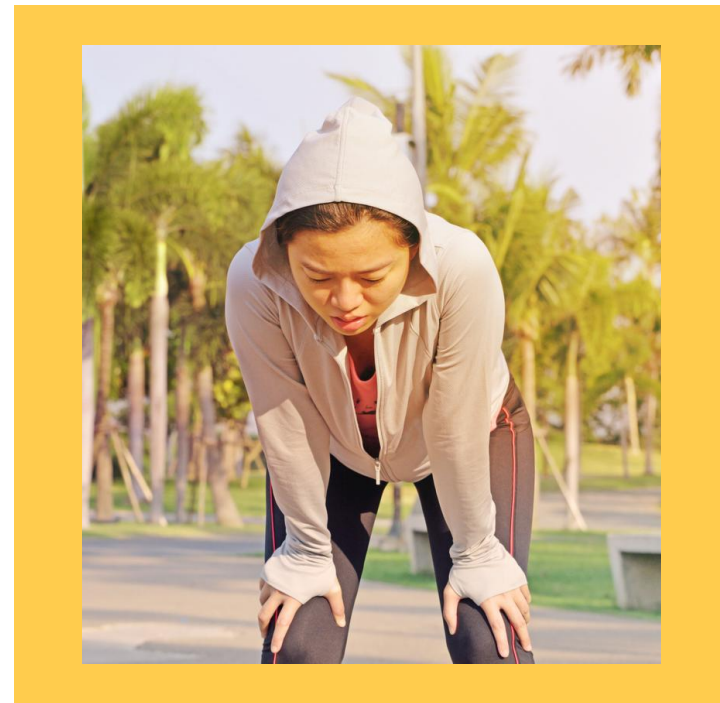


# To help slow the spread of COVID-19, I can...



wash my hands, avoid touching my face, cough and sneeze into my elbow and practice physical distancing.

# People with COVID-19 may...



**have a fever, chills, shortness of breath, lost sense of taste or smell, congestion, muscle aches and be really tired.**



**It is important to  
remember that  
NOT everyone  
that is sick has  
COVID-19.**



**If I feel sick, I need to tell a parent, guardian or trusted adult. They will help me.**



**If I feel sick, I need to stay at home so I don't get others sick.**



# Sources

## World Health Organization

[https://www.who.int/emergencies/diseases/novel-coronavirus-2019?gclid=EAlaIQobChMI0\\_nyqaDf6gIVAr7ACh0wrgKBEAAYASAAEgLPk\\_D\\_BWE](https://www.who.int/emergencies/diseases/novel-coronavirus-2019?gclid=EAlaIQobChMI0_nyqaDf6gIVAr7ACh0wrgKBEAAYASAAEgLPk_D_BWE)

## Government of Ontario

<https://covid-19.ontario.ca>

## Centers for Disease Control and Prevention

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

## North Bay Parry Sound District Health Unit

<https://www.myhealthunit.ca/en/health-topics/about-covid-19.asp>

