

**N.D.A.**

# **GIRLS PLAYING REGULATIONS**

**(Revised June 2023)**

## **SOCCER**

### **ALL SPORTS**

*Eligibility - See the NDA Constitution.*

#### *Schedules -*

*If at all possible, there shall be no overlapping of NDA schedules (including NDA play-off games) for season sports.*

*There shall be no NDA scheduled games, or activities, for **3 days** preceding any examination day in a school calendar. Any changes will be communicated amongst principals.*

*Every attempt should be made to avoid league games on Sundays or holidays.*

*Every attempt should be made to schedule no more than 2 games per week in all sports.*

*No NDA contest or activity shall be scheduled that "affects school time", unless authorized by these guidelines, or arranged through the mutual agreement of the Principals of the schools involved.*

*The schedules for all NDA sports must be made available to all Principals for approval, at the earliest time possible, but no later than 24 hours prior to the beginning of each sport season.*

*Any incidences of player or coach misconduct must be forwarded, by the convenor to the coach's principal.*

*In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.*

**DIVISIONS:**

There are no age divisions in N.D.A. Girls' Soccer. The individual's birth certificate must indicate that he/she has not reached his/her 19<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held.

**ELIGIBILITY:**

Players playing for any other Club or Association will be permitted to play for their respective high school teams as well as for their Club or Association.

**SCHEDULE:**

1. All play-off games are to be played on the home field of the higher placed team. If field conditions prevent this from happening, then a neutral field shall be used.
2. No playoff games are to be scheduled on the same day as the NDA Track and Field championship.

**LENGTH OF GAMES:**

Games are two (2) forty (40) minute halves, with a five minute break between halves. If a game that is in progress is cancelled due to uncontrollable circumstances, the result of the game will stand if two-thirds of the game has been played. If less than two-thirds of the game has been played, the game will be replayed during the next "make-up" day built into the schedule.

**RULES:**

For any discrepancy in rule interpretation at the N.D.A. level, the convenor shall refer to F.I.F.A. rules as the deciding factor with the following exceptions:

1. Substitution for a yellow-carded player is compulsory. The yellow-carded player is the only player who may be replaced at that time and he may re-enter the game at a regular substitution period.

**SUBSTITUTES:**

Each team will be allowed to dress an unlimited number of substitutes. Each team shall be permitted an unlimited number of substitutions on goals or goal kicks. Teams may also substitute on their own throw-ins. The other team may also substitute if substitution is first initiated by the other team.

**FIELD OF PLAY:**

Each school should provide four (4) corner flags. Corner flags should be at least five (5) feet high and have a non-pointed top. The field of play should be properly marked as laid out in the F.I.F.A. Rules. The convenor shall determine the field of play in extreme situations.

**UNIFORMS:**

Each school should have jerseys with team colours as well as numbers on the back of the sweater. If team colours are similar, the home team will be required to change their colours for the game. All players must wear shorts, appropriate footwear, shin pads and socks (which must cover the entire shin pad). The goalie must wear a jersey of a different colour which distinguishes her from other players.

**RULE INFRACTIONS:**

Infractions of the rules will result in the enforcement of C.S.A. rules. A red card will therefore involve a minimum suspension of the remainder of the game as well as one (1) additional game. The accumulation of three (3) yellow cards in a season (including play-offs) will result in a suspension of one (1) game.

**TIE-BREAKING PROCEDURE:**

1. In all cases of **two-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear.
  - (a) The won-lost record of the teams tied as they appear against each other.
  - (b) The difference between the goals for and against, with the teams tied as they appear against each other. A maximum difference of three (3) goals shall be awarded in each game. The team with the most positive difference (or least negative difference) shall be awarded the higher standing.

E.g. If Team A beats Team B 11-0, the difference is only +3 and not +11  
If Team C beats Team D 6-1, the difference is still only +3, and not +5.
  - (c) The season's difference between the goal for and against of the teams tied as they appear against every other team in the league. A maximum difference of three (3) goals shall be awarded in each game.
  - (d) The team that has the fewest goals against
2. In all cases of **three-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear. Once a team has been eliminated using the three-way tie breaking procedure, the tie between the two remaining teams will be broken by the two-way tie breaking procedure.
  - (a) The won-lost record of the teams tied as they appear against each other.
  - (b) The difference between the goals for and against, with the teams tied as they appear against each other. A maximum difference of three (3) goals shall be awarded in each game. The team with the most positive difference (or least negative difference) shall be awarded the higher standing.

e.g. If Team A beats Team B 11-0, the difference is only +3 and not +11  
If Team C beats Team D 6-1, the difference is still only +3, and not +5.
  - (c) The season's won-lost record of each of the teams tied as they appear against every other team in the league.

- (d) The season's difference between the goals for and against of the teams tied as they appear against every other team in the league. A maximum difference of three (3) goals shall be awarded in each game
- (e) The team that has the fewest goals against

### **PLAY-OFF FORMAT**

1.
  - (a) In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner and 1 play in the final.
  - (a) In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winners play off.
  - (c) In a five (5) team play-off, the format shall be: 1-bye, 2-bye, 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.
  - (d) In a six (6) team play-off, the format shall be: 1-bye, 2-bye, 3 vs. 6, 4 vs. 5 and the winning teams then follow the four (4) team league.
  - (e) In a seven (7) team play-off, the format shall be: 1-bye, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
  - (f) In an eight (8) team play-off the format shall be: 1 vs. 8, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
2. All teams shall advance to the play-offs.
3. All play-off games will be sudden death games at the field of choice of the home team with venue fees if any paid by the host school. In the event that teams are tied at the conclusion of regulation time in play-off games, two (2) ten (10) minute NOT sudden-death halves shall be played. If the teams are still tied at the conclusion of overtime, then the following procedure shall be used:
  - (a) Each team will select five (5) players from those on the field at the conclusion of the overtime. These five (5) players will take penalty kicks alternately, the first team to kick being decided by a coin toss. The winner will be the team scoring the most penalty kicks.
  - (b) If still tied, the remaining players shall take kicks, one from each team alternately, the winner being that team which is ahead after any pair of penalty kicks.

### **N.O.S.S.A. REPRESENTATIVES**

1. All N.D.A. Schools must compete at the N.O.S.S.A. level indicated by the N.O.S.S.A. school classification rules unless the school has declared their intention to compete at a higher classification in writing to the N.D.A. Sport Convenor the day before the start of the N.D.A. play-off schedule. Such declaration must be signed by the school Principal, Athletic Coordinator (where applicable) and the Head Coach.

2. All N.D.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:
  - (a) N.D.A. Play-off Champion
  - (b) N.D.A. Play-off Finalist
  - (c) N.D.A. League Champion
  - (d) The highest ranking Semi-finalist using league standings
  - (e) The other Semi-finalist
  - (f) The team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.
  - (g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher ranking team determined by the 2-way tie-breaking procedure.
  - (h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

#### **AWARDS:**

1. **Trophies to be presented:**

|                     |                                 |
|---------------------|---------------------------------|
| League Champion -   | Youth Sports Association Trophy |
| Play-off Champion - | Youth Sports Association Trophy |

2. **Pennant to be presented:**

An N.D.A. pennant is to be presented to the Play-off Champion. This pennant will be kept by the winning school. If there is no play-off, the pennant will be presented to the League Champion.

3. **Convenors for all team sports are asked to include an All-Star team discussion on the agenda at their coaches meeting at the beginning of their season.**