

## ALLERGIES

It is the responsibility of parents of students with severe health concerns, including those who are endangered by anaphylaxis, to provide recent medical information, EPI pens or emergency medication as required, and to work with the principal in developing a plan that addresses the needs of the medically at-risk child within the school.

To ensure that every child experiences a safe environment in which to learn, Evergreen Heights is endeavouring to minimize the allergens within our school. We ask that students follow our **scent-aware** policy, and not bring in body sprays or wear anything with strong perfume or chemical odours.

We do have a full **nut-free** policy in our building, which includes peanuts and all tree nuts. Please eat peanut butter/Nutella and nut products (e.g., products made from peanut oil, milks made from almond or other tree nuts, etc.) at home and do not bring them to school.

In the Near North District School Board, unpackaged and unsealed peanut butter substitutes are NOT allowed. These products look, smell and taste like peanut butter. An example of this type of product may be a sandwich made with WowButter, or a homemade energy bar made with a peanut butter substitute, such as School Safe Soy Butter. It may be too difficult to distinguish the difference between this product and the nut allergen for staff and students, thus causing a potential risk in its use in our schools. These products will be allowed ONLY if the following two criteria are met, so we can be reasonably assured that the product contains only the ingredients stated on the packaging:

- the product is contained within clearly labelled and original, individualized packaging, and;
- the product is sealed upon entry into the school.

Two examples of the above type of acceptable product is an individual packet of WowButter that is labelled and sealed, and Bear Paws with WowButter in their original, sealed packaging.

In the Grade 1 classroom, we have a **severe orange allergy**; we ask that no students bring oranges to school. As well, for students in other classes who may help in this classroom, we ask them to please ensure that they have washed their hands if they have eaten an orange in their classroom.

We remind all students that **no sharing of food** is permitted. If for any reason your child is hungry and requires food, the breakfast club program is open to all students in the morning, and we do keep apples in the office fridge for those students who are still hungry throughout the day.