

## ALLERGIES:

It is the responsibility of parents of students with severe health concerns, including those who are endangered by anaphylaxis, to provide recent medical information, EPI pens or emergency medication as required, and to work with the principal in developing a plan that addresses the needs of the medically at-risk child within the school.

To ensure that every child experiences a safe environment in which to learn, Evergreen Heights is endeavouring to minimize the allergens within our school. We ask that students follow our **scent-aware** policy, and not bring in body sprays or wear anything with strong perfume or chemical odours.

We do have a full **nut-free** policy in our building, which includes peanuts and all tree nuts. Please eat peanut butter/Nutella and nut products (e.g., products made from peanut oil, milks made from almond or other tree nuts, etc.) at home and do not bring them to school.

As well, we have a severe **egg allergy** and **fish allergy** in the school; we request that for those in the **grade 1 class**, no eggs or prepared egg snacks (e.g., boiled eggs, egg salad sandwiches) be brought to school in a manner that a student could come into direct contact with the egg. Those in the **grade 7/8 class**, please do not bring food items containing fish. Your support is appreciated in this manner.

In the ELK A classroom, we have a severe orange allergy; we ask that no students bring oranges to school. As well, for students in other classes who may help in the kindergarten rooms, we ask them to please ensure that they have washed their hands if they have eaten an orange in their classroom.

We remind all students that no sharing of food is permitted. If for any reason your child is hungry and requires food, the breakfast club program is open to all students in the morning, and we do keep apples in the office fridge for those students who are still hungry throughout the day.